

**How To Overcome Guilt, Shame  
and Rejection**  
by Derek Prince

— Study Note Outline —  
GSR1

*Five Tape Series*

- 4346 *Guilt, Shame, Rejection*
- 4037 *How To Overcome Rejection And Betrayal*
- 4038 *From Rejection To Acceptance*
- 2022 *Healing The Bitter Pool*
- 4348 *The Love Of God*

**Guilt, Shame, Rejection**  
**4346**

**I. Guilt**

- A. Sin vs. guilt (Is. 53:10)
  - 1. Sin is objective; guilt is subjective
  - 2. Guilt is what you feel inside because of your sin
- B. Causes of guilt:
  - 1. Often a failure in your past
  - 2. A religious background emphasizing sin, but not salvation
  - 3. Parents who were critical and condemnatory
- C. Satan's main weapon against Christians
  - 1. Conviction (Holy Spirit) vs. guilt (Satan)
    - a. Conviction brings repentance
    - b. Guilt brings hopelessness
  - 2. Rev. 12:10—Satan is “the accuser of the brethren.” Accuses us day and night to make us feel guilty.
- D. Remedy: Rev. 12:11
  - 1. They (believers) overcame him (Satan) by the blood of the lamb (Jesus) and by the word of their testimony
  - 2. They were totally committed and did not love their lives to the death
  - 3. We must follow either the Lamb or the Beast
- E. To apply the remedy we must know what the *Word* says about the *blood*
  - 1. Eph. 1:7—Redeemed (bought back) from slavery
    - a. Respectable slaves or not is determined by the purchaser
    - b. Ps. 107:2—Let the redeemed say so
  - 2. 1 John 1:7—Cleansed from sin but this is conditional:
    - a. “If” we walk in the light
    - b. “If” we have fellowship one with another
    - c. Continuing present tense: continually being cleansed
    - d. The blood does not cleanse in the dark
  - 3. Rom. 5:9—Justified: acquitted, not guilty, reckoned righteous, made

- righteous, “just-as-if-I’d” never sinned
4. Heb. 13:12—Sanctified: Made holy
    - a. Set apart to God
    - b. Set apart from sin
  5. Eph. 2:12–13—Brought near to God
  6. Heb. 10:19–22—Boldness/confidence to enter the holiest into the immediate presence of God

## II. Shame

- A. Definition:
  1. Not fit to look someone in the face—somehow “naked”
  2. Averted, lowered eyes
  3. A feeling of being not worthy
- B. How it comes:
  1. Public humiliation—often in school. Covered up by being aggressive, overactive.
  2. Sexual abuse (especially parents, family members)
- C. Remedy: Jesus on the cross
  1. Heb. 12:2—Endured the cross, despising the shame
  2. Is. 50:6—Did not hide His face from shame
  3. Is. 52:14—Many astonished (appalled) by His sight—He lost the appearance of a man
  4. Is. 53:3—Despised and rejected by men
- D. The result: Instead of shame, double honor (Is. 61:7)

## III. Rejection

- A. Definition:
  1. Being on the outside looking in
  2. Never feeling loved
  3. Feeling that others can, but I can’t
- B. Causes:
  1. Greatest single cause: No love from parents, especially father
  2. Unwanted in pregnancy, i.e. born during the Great Depression (1929)
  3. Divorce (abandonment) (Is. 54:6, NIV)
  4. Peers—physical deformity, being “different”
- C. Remedy: Jesus on the cross
  1. Is. 53:3—Despised and rejected by men (John 1:11)
  2. Ultimate rejection: By Father (Mt. 27:45–46)
  3. Matt. 27:50–51—Died of a broken heart; caused by rejection
- D. Our portion
  1. Eph. 1:3–6—Accepted (highly favored) in the Beloved (Jesus)
  2. John 17:25–26—God is my Father; I am as dearly loved by God as Jesus was.
  3. 1 Tim. 1:5 (NASB)—The goal of our instruction: *Love*

## How To Overcome Rejection And Betrayal

4037

## I. Introduction

- A. The supernatural love of God—Greek *agape*—is made available to us in two main ways:
  - 1. Romans 5:5—Poured out into our hearts by the Holy Spirit. Personal testimony of love imparted in this way for the people of the Sudan.
  - 2. 1 John 2:4–5—Worked out in our character by diligently obeying God’s Word.
- B. 2 Peter 1:5–7—The starting point is *faith*. The seven ascending steps of character building:
  - 1. Excellence
  - 2. Knowledge (primarily of God’s will)
  - 3. Temperance (self-control)
  - 4. Patience (perseverance or endurance)
  - 5. Godliness
  - 6. Brotherly kindness (toward fellow Christians)
  - 7. Charity (divine love—*agape*)
- C. Two common obstacles that love encounters:
  - 1. Rejection
  - 2. Betrayal
- D. 1 Peter 2:21—In each case, Jesus is our pattern
  - 1. Luke 23:34—Jesus prayed for those who *rejected* Him
  - 2. John 6:70–71—Jesus chose Judas, knowing he would *betray* Him
  - 3. Matt. 26:47–50—When Judas came to *betray* Him, Jesus greeted him as a friend
- E. Two lessons we need to learn from Jesus:
  - 1. When He was *rejected*, He did not withdraw love.
  - 2. When He was *betrayed*, He did not lose faith.
- F. Divine love does not draw back or turn away. Divine love totally exposes itself at the cost of embarrassment, shame or betrayal.

## II. Rejection

- A. In dealing with human problems, we move downward from twigs, branches and limbs to the trunk and finally the roots.
  - 1. The root of all roots is *rejection*.
  - 2. The remedy for every human problem is provided by the cross.
  - 3. Matt. 27:46—On the cross Jesus was *rejected* by the Father that we, in turn, might be *accepted*.
- B. Rejection is most commonly felt by a child toward his parents. The remedy:
  - 1. Recognize your problem
  - 2. Forgive your parents
  - 3. Set your will to honor them

## III. Betrayal

- A. This common problem arises between husband and wife. The remedy:
  - 1. First forgive
  - 2. Then trust your husband (or wife)
- B. Few American wives really *trust* their husbands. But without his wife’s trust the average man will never be what he could be and should be

2 Cor. 2:3; 7:16—God gave Paul grace to trust those who had proved unworthy of his confidence

## **From Rejection To Acceptance**

### **4038**

#### **Initial Questions**

- Can rejection come into one's personality before birth?
- In what circumstances is rejection sure to appear in a person's life?
- How does rejection lead into death or suicide or witchcraft?
- What is the Scripture's answer to rejection?
- What are the many blessings we receive from the exchange Jesus made on the cross?
- What are the four simple steps to ending rejection?

#### **I. Rejection: Sense Of Being Unwanted**

Moving from rejection to acceptance

#### **II. Is. 54:6—Poignant Picture Of Woman**

- A. Young woman: forsaken and grieved in spirit
- B. Prov. 18:14, 8—Wounded spirit
- C. 1 Cor. 2:11—Spirit of man is deeper than reason
  - 1. Spirit knows all about you—your mind doesn't
  - 2. Wounds not known by mind, reason, or memory
  - 3. Rejection is in the area of the spirit of man

#### **III. How May Rejection Arise?**

- A. Example of lady with spirit of death
- B. Cases where rejection may appear
  - 1. Often begins before birth—3 causes:
  - 2. A child who is not shown love
  - 3. A child less favored by parents
  - 4. Rejection may come in later life: (Example)
- C. Rejection: An inner attitude and a demonic spirit—yielding to emotions can allow spirit to enter

#### **IV. Two Lines Of Reaction From Rejection**

- A. First line: From rejection, this progression:
  - 1. Loneliness
  - 2. Misery
  - 3. Self-pity
  - 4. Depression
  - 5. Despair, and finally
  - 6. Death or suicideDifference between death and suicide
- B. Second line: From rejection, this progression:
  - 1. Hardness
  - 2. Indifference

3. Rebellion
4. Witchcraft
  - 1 Sam. 15:23—Witchcraft (occult) from rebellion

## V. The Radical Gospel: Going To The Root

- A. Matt. 3:10—Tree hewn down from the root
- B. Three parts of tree: 3 types of problems
  1. Branches: *Sins* (lying, immorality, etc.)
  2. Trunk: *Sin*
    - a. 1 John 1:8, 10—*Sins* and *sin*
    - b. Is. 53:5, 10—The distinction
    - c. Branches and trunk are *above* the surface
  3. Root: *Self* (ego): *Under* the surface
    - If a root isn't dealt with, problems continue

## VI. Scripture's Answer To Rejection

- A. The 3 F's: Fact, Faith, Feelings
  - Everything God does is based on facts
- B. Three simple gospel facts:
  1. Christ died
  2. Christ was buried
  3. Christ rose on the third day
- C. Faith: Believes and acts on the facts
- D. Feeling follows faith

## VII. Two Basic Facts In Relation To Rejection

- A. Every solution stems from the cross
  - Jesus dealt with the problem of rejection
- B. The work of Calvary: a perfect work
  - Basic principle of the cross: *exchange*
- C. Jesus' part

<ol style="list-style-type: none"> <li>1. Took all the evil</li> <li>2. Punished for sin</li> <li>3. Wounded for our sickness</li> <li>4. Made to be sickness (Is. 53:10)</li> <li>5. Made to be sin (2 Cor. 5:21)</li> <li>6. Made a curse (Gal. 3:13–14)</li> <li>7. Poverty (2 Cor. 8:9)               <ul style="list-style-type: none"> <li>He exhausted the poverty curse (Deut. 28:47–48)</li> </ul> </li> <li>8. Death (Heb. 2:9)</li> <li>9. Old man (Rom. 6:6)</li> </ol>	<u>What we receive:</u> <ul style="list-style-type: none"> <li>All the good</li> <li>Forgiveness</li> <li>Healing</li> <li>Health</li> <li>Righteousness</li> <li>Blessing</li> <li>Wealth</li> <li>His life (John 3:16)</li> <li>New man (Gal. 2:20)</li> </ul>
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- D. Another side to the exchange: Rejection
  - Is. 53:3—Jesus' double rejection: By *men and God*
- E. Eph. 1:6—*Acceptance* in the Beloved
  1. Also Luke 1:28—*Much favored*
  2. Example of father and prodigal son (Luke 15:11–32)
- F. Two basic facts to remember:
  1. Christ on the cross bore our rejection

2. We are accepted because of His rejection

### VIII. Four Simple Steps To End Rejection

- A. *Forgive* every person who has rejected you
- B. *Lay down* bitterness, resentment, hatred and rebellion
- C. Accept it that you are accepted in Christ
- D. *Accept yourself* (Never belittle yourself)  
Make public declaration of these points

## Healing The Bitter Pool 2022

### I. Introduction

- A. Ex. 15:22–25—Simple act of faith releases the miracle—working power of God. Bitter waters made sweet when Moses cast tree into the water.  
Other examples:
  1. Elisha threw meal in pot, neutralized the poison (2 Kings 4:38–41)
  2. Elisha threw salt into bitter spring, water became sweet (2 Kings 2:19–22)
  3. Elisha threw stick in water, caused axe head to float (2 Kings 6:5–7)
- B. Ex. 15:25–26—God used this situation to teach deep spiritual truth of healing. “I am God, your doctor.” This was God’s decision, not Israel’s.
- C. Prov. 4:20–22—A promise of total health—but only upon meeting the conditions. To enjoy this provision of God, you must “incline your ear”—that is, lay aside your own preconceptions and so hear what God is saying. This is to “listen listening.”
- D. Ex. 20:2—“I am the Lord *your* God.” Again, the condition is: *Listen and obey*.
- E. Ex. 15:25; 1 Pet. 2:24—Meaning of the “tree”: the cross. *By the wounds of Jesus you were healed*.
- F. Is there a pool of bitterness in you? By a simple act of faith, receive now God’s healing provided through the cross

## The Love Of God 4348

### I. No Human Mind Can Comprehend God’s Love

- A. Spirit of wisdom and revelation needed (Eph. 1:17)
- B. We cannot reason it out
- C. 1 John 4:16—And we have known and believed the love that God has for us. God is love, and he who [dwells] in love [dwells] in God and God in him.

**Have we known God’s love?**

**If so, have we *believed* it?**

### II. Unfolding The Love Of God

- A. It is unconditional
  1. We cannot earn it
  2. We do not deserve it

- B. It is sovereign
- C. It is apprehended only by revelation—  
We have known and believed the love that God has for us . . .
- D. The measure of God’s love
  - 1. How we were when God first loved us (Rom. 5:6–10)
    - a. Still without strength (v. 6)
    - b. Ungodly (v. 6)
    - c. Sinners—failures (v. 8)
    - d. Enemies (v. 10)
  - 2. Eph. 2:4–7—Even when we were dead in trespasses:
    - a. He made us alive
    - b. He resurrected us
    - c. He enthroned us with Christ
  - 3. He is a creator who reveals Himself to His creation
    - a. We are to be the eternal demonstration to the universe of God’s grace (Eph. 1:5–6; 3:10)
    - b. Only fully displayed when it is totally undeserved (Rom. 11:6)
- E. Initiated solely by God (1 John 4:9–10)  
Our lives are a response to God’s love

### III. The Place Of Love In The Christian Life

- A. Love one another (1 John 4:7)
  - 1. A decision
  - 2. Produced by the new birth (1 Peter 1:22–23)
- B. Many Christians have been “saved by a Stranger”
  - 1. They have never taken time to know the One who saved them
  - 2. If we do not love, we do not know God (1 John 4:8)
- C. Those who love Christ will share His sufferings with Him (Phil. 3:10)
- D. Rooted and grounded in love (Eph. 3:17–18)
  - 1. Otherwise we cannot comprehend the fullness of Christ
  - 2. *The goal of our instruction: Love* (1 Tim. 1:5–6)
    - a. With a pure heart
    - b. With a good conscience
    - c. With sincere faith

### IV. The Value Of Love (Song 8:6–7)

- A. Love is stronger than death
- B. Love is undrownable
- C. You cannot buy love
- D. Love is eternal (1 Cor. 13:1–3)
- E. Love is administered only by the Holy Spirit (Rom. 5:5)